



COURSE OUTLINE

Popular Education and Effective Learning for Social Transformation

COURSE DESCRIPTION

This course equips educators, facilitators, and worker leaders with the knowledge and practical skills to design and deliver effective, participatory learning experiences rooted in popular education principles.

It integrates approaches from effective learning design (such as clear learning objectives, active methods, and evaluation strategies) with popular education values that centre learners' experiences, promote collective knowledge-building, and link learning to action for social transformation.

Participants will engage in interactive, learner-centred activities and develop their own learning activity or training design that can be applied in their organisational or community context.

The course is designed for flexible delivery as both a self-paced online course and a blended learning programme with facilitated sessions.

WHO IS THIS COURSE DESIGNED FOR?

This course is designed for:

- Worker educators and trade union educators
- Facilitators and trainers in civil society organisations
- Programme coordinators and organisers involved in capacity building
- Activists and leaders involved in education, advocacy, or community development

- Anyone responsible for planning, facilitating, or evaluating learning activities

PRE-REQUISITES: WHAT ARE THE REQUIRED CRITERIA FOR ATTENDING THIS COURSE?

Participants should:

- Have access to a smartphone, tablet, or computer with internet connectivity
- Have basic digital skills (e.g. using a browser, joining online sessions, watching videos)
- Be involved in or interested in facilitating learning activities, trainings, or workshops

No prior formal training in education is required.

COURSE DURATION, NUMBER OF SESSIONS AND MODE OF DELIVERY

Course Duration:

Self-paced: approximately 5–6 hours

Blended: approximately 10–12 hours

Mode of delivery:

- Online (Moodle-based self-paced learning)
- Optional facilitated component (3 live online sessions)

WHAT WILL YOU LEARN?

At the end of the course, you will be able to:

At the end of the course, you will be able to:

- Explain key principles of adult learning and popular education
- Develop clear and measurable learning objectives using practical frameworks
- Design participatory and learner-centred learning activities
- Apply popular education methods to facilitate dialogue and collective learning
- Develop simple tools to evaluate whether learning has taken place
- Create and present a learning activity or training design relevant to your context

MODULE OVERVIEW

MODULE TITLE	ONLINE LEARNING MODE	DESCRIPTION AND TOPICS	DURATION (minutes)
Module 1: Welcome & Introduction to the course	Self-paced	Introduction to the course, expectations, and learning community. Overview of popular education, adult learning, and social transformation.	60
Module 2: How Adults Learn?	Self-paced	Key principles of adult learning. Linking experience, participation, and reflection to learning. Introduction to learner-centred approaches.	60
Module 3: Developing Learning Objectives	Self-paced	Writing clear and measurable learning objectives using the ABC approach. Linking objectives to real-world needs and outcomes.	60
Module 4: Designing Effective Learning Activities	Self-paced	Designing participatory sessions using popular education methods. Selecting appropriate tools and activities for engagement.	60
Module 5: Evaluating Learning	Self-paced	Methods for assessing learning outcomes. Designing simple evaluation tools and linking learning to action and change.	60
Final Practicum – Present your Learning Activity Design (If attending the Live Zoom sessions)	Self-paced	Participants design and present their own learning activity or training. Peer and facilitator feedback. Reflection on application in context.	60-120

		NOTE: Participants only present their learning activity if they attend the live Zoom sessions	
--	--	--	--



For more information, contact us secretariat@ifwea.org